



Sri Lanka Packing Guide

One island, two climates. Your route can move from 33°C beaches to 12°C misty tea country in a single day, so pack light layers and tick things off as you go.

28–33°C

Coast & Cultural Triangle

Hot and humid. Galle, Mirissa, Sigiriya, Dambulla and Kandy.

12–20°C

Hill Country

Nuwara Eliya evenings drop to 10–14°C. Ella & Horton Plains mornings are chilly.

Dawn starts

Safari Parks

Yala, Udawalawa, Minneriya & Wilpattu: early jeeps, dust, strong midday sun.

TICK AS YOU PACK

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Your Checklist

1

Everyday Clothing

Breathable and quick-drying

- ☐ Linen or cotton shirts and T-shirts
- ☐ Lightweight trousers, long skirts or dresses
- ☐ Comfortable walking shoes or trainers
- ☐ Sandals or flip-flops
- ☐ Swimwear and a quick-dry towel
- ☐ Sun hat and polarized sunglasses

2

Temples & Sacred Sites

Dalada Maligawa, Dambulla, Anuradhapura

- ☐ **Shoulders and knees covered**, light colours preferred
- ☐ A sarong or large scarf to cover up quickly
- ☐ **Easy slip-off sandals** — shoes come off at every shrine
- ☐ Thin socks for sun-hot stone floors
- ☐ A small bag for carrying your shoes

3

Hill Country Layers

Nuwara Eliya, Ella, Horton Plains

- ☐ **Light fleece, thermal or cardigan**
- ☐ Warm socks for evenings
- ☐ Packable rain jacket or umbrella
- ☐ Long trousers for dawn hikes and train rides
- ☐ Grippy shoes for wet trails

4

Safari & Nature

Jeep safaris and rainforest walks

- ☐ Neutral-coloured clothing (khaki, olive, beige)
- ☐ Binoculars and a camera with zoom
- ☐ **DEET insect repellent** for afternoon safaris
- ☐ Buff or scarf against jeep dust
- ☐ Leech socks for Sinharaja and rainforest trails



5

Health & Sun

The tropical sun is strong all year

- ☐ High-SPF sunscreen and after-sun
- ☐ Motion-sickness tablets for winding mountain roads
- ☐ Your personal medication and prescriptions
- ☐ Hand sanitiser and wet wipes
- ☐ Reusable water bottle

6

Documents & Money

Keep copies on your phone too

- ☐ Passport valid for at least 6 months
- ☐ ETA visa approval, applied only at eta.gov.lk
- ☐ Return flight ticket confirmation
- ☐ Travel insurance details
- ☐ Some Sri Lankan rupees (LKR) for small shops and tips

7

Tech & Power

230V · Type D & G sockets

- ☐ Universal travel adapter
- ☐ Power bank for long scenic days
- ☐ Waterproof phone pouch
- ☐ Offline maps downloaded
- ☐ Spare memory card and camera charger

8

Day Bag in the Car

Keep these within reach

- ☐ Small backpack or tote
- ☐ Light layer for air-conditioned rides
- ☐ Snacks for early safari starts
- ☐ Cash for entrance fees and fresh king coconuts
- ☐ Tissues and a small first-aid kit

FROM OUR CHAUFFEURS

Good to Know

Pack soft bags where you can

They are easier to load, and you will never need to carry them yourself.

Shoes off, hats off

Remove both at temples and never pose with your back to a Buddha statue.

Dress for two climates on transfer days

Wear a light base and keep a warm layer on top of your bag.

Ask us anything before you fly

Child seats, early pickups, train tickets — just message us on WhatsApp.

Emergency Numbers

Sri Lanka Tourist Police **1912 / +94 11 242 1052**

Suwasariya Ambulance **1990 (Toll Free)**

TSP 24/7 Road Support **+94 72 960 0038**

Already Included in Your Tour

No need to plan or pay for these on the road.

- ✓ Private air-conditioned vehicle & chauffeur-guide
- ✓ Fuel, highway tolls and parking
- ✓ Driver accommodation and meals
- ✓ Airport greeting and luggage handling